

Patient Notification of Qualifications and Scope of Practice

Debbie Yu, MS, EAMP, L.Ac

East Asian medicine means a health care service using East Asian medicine diagnosis and treatment to promote health and treat organic or functional disorders.

1. Our qualifications include the following education and license information:

- a) Clinical and didactic training was completed at Bastyr University, Kenmore Washington, Masters of Science degree in Acupuncture and Oriental Medicine, June 2011 & December 2013
- b) Washington State Department Health license #AC60415505
- c) Diplomate of Oriental Medicine (NCCAOM)

2. Scope of Practice: The scope of practice for an acupuncturist in the state of Washington includes but is not limited to the following techniques:

- a) Acupuncture: including the use of acupuncture needles or lancets to directly or indirectly stimulate acupuncture points and meridians;
- b) Use of electrical, mechanical or magnetic devices to stimulate acupuncture points and meridians;
- c) Moxibustion: heating a point by burning an herb or herbal formula;
- d) Acupressure: manual therapy on acupuncture points;
- e) Cupping: glass or plastic cups placed on the skin using heat or mechanical means to create a vacuum;
- f) Gua Sha: dermal friction caused by scraping the skin with a blunt object;
- g) Infra-red therapy: therapeutic heat lamp;
- h) Sonopuncture: tuning forks, singing bowls;
- i) Point injection therapy (aquapuncture);
- j) Laserpuncture: stimulation of acupuncture points with laser light;
- k) Dietary advice and health education based on East Asian medical theory, including the recommendation and sale of herbs, vitamins, minerals, and dietary and nutritional supplements;
- l) Breathing, relaxation, and East Asian exercise techniques;
- m) Qi gong;
- n) East Asian massage and Tui na, which is a method of East Asian bodywork, characterized by the kneading, pressing, rolling, shaking, and stretching of the body and does not include spinal manipulation; and
- o) Superficial heat and cold therapies

3. Side Effects: The following side effects may occur and are not limited to the following: Some pain following treatment in the insertion location, minor bleeding from insertion location, minor bruising, minor burning, needle sickness: feeling faint or dizzy, broken needle

4. Unusual risks of acupuncture include: spontaneous miscarriage, nerve damage, organ puncture, including lung puncture (pneumothorax), and infection (although the clinic uses sterile disposable needles and maintains a clean and safe environment).

5. The patient must inform the East Asian medicine practitioner if the patient has a severe bleeding disorder or pacemaker prior to any treatment.

6. Patient must inform the East Asian medicine practitioner if the patients suspects or knows she is pregnant.

With this knowledge, I voluntarily consent to the above procedures, realizing that no guarantees have been given to me by Debbie Yu regarding cure or improvement of my condition. I hereby release Debbie Yu from any and all liability which may occur in connection with the above mentioned procedures except for failure to perform those procedures with appropriate medical care. I understand I am free to withdraw this consent and discontinue participation in these procedures at any time.

Name (please print)

Signature of patient or person legally authorized to give consent

Date