

Consent to Treat and Notification of Qualifications and Scope of Practice
Little Si Acupuncture, LLC

East Asian medicine means a health care service using East Asian medicine diagnosis and treatment to promote health and treat organic or functional disorders.

1. Debbie Yu's qualifications include the following education and license information:

- a) Doctorate of Acupuncture & Oriental Medicine, Oregon College of Oriental Medicine, Portland, OR, 2018
- b) Masters of Science in Acupuncture and Oriental Medicine, Bastyr University, Kenmore Washington, 2013
- c) Washington State Department Health license #AC60415505
- e) Diplomate of Oriental Medicine (NCCAOM)

2. Camila Herrera's qualifications include the following education and license information:

- a) Masters of Science in Acupuncture and Oriental Medicine, Bastyr University, Kenmore Washington, 2021
- b) Doctorate in Naturopathic Medicine (ND) from Bastyr University, Kenmore, Washington, 2021
- c) Washington State Department Health license #AC61247114
- f) Nationally Board Certified by NCCAOM

2. Scope of Practice: The scope of practice for an acupuncturist includes but is not limited to the following techniques:

- a) Acupuncture: including the use of acupuncture needles or lancets to directly or indirectly stimulate acupuncture points and meridians;
- b) Use of electrical, mechanical or magnetic devices to stimulate acupuncture points and meridians;
- c) Moxibustion: heating a point by burning an herb or herbal formula;
- d) Acupressure: manual therapy on acupuncture points;
- e) Cupping: glass or plastic cups placed on the skin using heat or mechanical means to create a vacuum;
- f) Gua Sha: dermal friction caused by scraping the skin with a blunt object;
- g) Infra-red therapy: therapeutic heat lamp;
- h) Sonopuncture: tuning forks, singing bowls;
- i) Dietary advice and health education based on East Asian medical theory, including the recommendation and sale of herbs, vitamins, minerals, and dietary and nutritional supplements;
- j) Breathing, relaxation, and East Asian exercise techniques;
- k) Qi gong;
- l) East Asian massage and Tui na, which is a method of East Asian bodywork, characterized by the kneading, pressing, rolling, shaking, and stretching of the body and does not include spinal manipulation; and
- m) Superficial heat and cold therapies

3. Side Effects: The following side effects may occur and are not limited to the following: Some pain following treatment in the insertion location, minor bleeding from insertion location, minor bruising, minor burning, needle sickness: feeling faint or dizzy, broken needle

4. Unusual risks of acupuncture include: spontaneous miscarriage, nerve damage, organ puncture, including lung puncture (pneumothorax), and infection (although the clinic uses sterile disposable needles and maintains a clean and safe environment).

5. The patient must inform the acupuncturist if the patient has a severe bleeding disorder or pacemaker prior to any treatment.

6. Patient must inform the acupuncturist if the patient suspects or knows she is pregnant.

With this knowledge, I voluntarily consent to the above procedures, realizing that no guarantees have been given to me by Little Si Acupuncture, LLC and their providers regarding cure or improvement of my condition. I hereby release Little Si Acupuncture, LLC and their Acupuncturists from any and all liability which may occur in connection with the above mentioned procedures except for failure to perform those procedures with appropriate medical care. I understand I am free to withdraw this consent and discontinue participation in these procedures at any time.

Name (please print)

Date

Signature of patient or person legally authorized to give consent

Date